

Physical Education and Health Department (Grades K-12) FY 2011 Budget Description

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Elementary Physical Education:

Hosmer, Lowell and Cunniff Schools: Due to the new Fit, Fun for Life initiative, it is important to sustain current funding to maintain existing programs that include cooperative activities, skill based activities, fitness, adventure, and before and after school programs. The PE curriculum is structured to improve the fitness level of students during and after school. The department has changed its focus so that at the elementary level, lessons are taught with a scope and sequence. This provides more consistency toward meeting standards.

The goal of the physical education curriculum is to increase the fitness levels of all students and teach them the skills necessary to maintain a healthy lifestyle. By putting enough equipment in the hands of students, time on activity will increase. This is why the equipment budget should supply enough balls, rackets, mats, fitness supplies, and game/activity pieces to teach the physical education curriculum. A skill based and fitness approach is the curriculum focus.

Since the PEP Grant has funded additional "new" activities, prior programs still need to be maintained. In addition, funds need to be available to replace current equipment if needed, which may include HR monitors, show shoes, balls, rackets and game supplies and to maintain climbing traverse walls.

A major objective of the Fit, Fun for Life PE program is to increase activity time. After school and before school programs provide such activity time. Equipment would also be used to help sustain such programs.

Professional Development for all levels (Elem., Middle, HS) to attend State PE/H Convention (MAHPERD) 10 Staff @ \$1,200

Staff would receive 21st Century PE/H Curriculum training and be able to quickly implement current practices into WPS PE and Health Programs.

FY 2010:

Hosmer School: \$2,000 for PE Equipment/Supplies

Lowell School: \$1,700 for PE Equipment /Supplies

Cunniff School: \$1,700 for PE Equipment/Supplies

Before/After School Activity Programs: Each school has always had funds available to provide activities for students. Funding is requested to make available such programs.

2010/11' \$2,000 for each school for fitness programs (3 schools total \$6,000) Elementary Level

FY 2011:

Secondary Level PE Equipment/Supplies/Contracted Services

Middle School

After School Fitness Center Program Stipend (\$2,700) to fund Adult Supervision in the center @\$30 per hour so two additional days can be added to the existing two day schedule. (Note: The \$30/hr. rate may be \$25 per hr.)

Contracted Services:

for fitness center maintenance/repair: \$ 1000

for Project Adventure Inspection: \$ 800/Dept. of Safety License

Physical Education Equipment: \$ 2000

Health Curriculum Needs Teaching DVD's and Sex Education Supplies: \$500

High School:

Contracted Services:

Fitness Center Maintenance and Repair:	\$1,500
Project Adventure Inspection:	\$ 800/Dept. of Safety License

Stipend: After School Activity Program to sustain the PEP grant initiative to increase activity time. \$2,000 for teachers to provide programs @\$25-\$30/ hour (2-3 day week/1 hour per day)

FY 2011 Anticipated Needs (prioritized)

- Additional after school programs (secondary level) for fitness centers and HS adventure programs
- Maintenance of Middle and HS fitness centers
- Slight increase of project adventure inspection cost due to new PEP Grant Project Adventure equipment

FY 2011 Possible Reductions

- Request additional HS after school activity stipend (\$2,000) for following year since FY11 PEP funds will provide some funds for this request. The goal of the department and Fit, Fun for Life program is to increase activity levels of students so the department is looking ahead to sustain the programs once the federal funds are depleted.